



Stratford-upon-Avon
TOWN COUNCIL



Stratford
Town Trust

at the heart of our community

Community First

COVID-19 RESPONSE

Over the coming weeks, many people in the Stratford upon Avon community will need to isolate for long periods. Many will be alone and may not be connected to social media or be confident in using the internet. We have put together some information about how we can all help one another at this difficult time including telephone numbers for our Town Councillors who will be able to connect you with local volunteers and specialist services.



Be a good neighbour

Please check on your neighbours, especially older or vulnerable people and see if they need any help. On the other side of this leaflet are some slips to put through your neighbours' doors if you can offer any assistance.

Ask for help

We might all need some extra help so ask friends, families and neighbours for assistance if self isolating. Older people can ring Silverline's free 24 hour helpline for information, friendship and advice: 0800 4 70 80 90

Keep informed

The Covid-19 situation is rapidly changing and it's important to keep up to date with current guidance. Tune into TV and radio and visit [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus) or follow @DHSCgovuk

Be aware of scams

We still need to be alert to potential scams. Don't click on links in suspicious emails, don't allow anyone unfamiliar into your property or hand over money to people you don't know.

Be kind

These are challenging times and we all need to do our bit to reach out to and consider others.

This is a time for acts of kindness. Donate to Stratford Foodbank if you can and stay in touch with others.



Protect yourself

Wash your hands regularly with soap for 20 seconds, avoid unnecessary social contact and only ring 111 if you cannot access online services and your symptoms are severe.

Your Ward Councillors

Avenue Ward	Cohl Warren-Howles	07947 841133
Bishopton	Victoria Alcock	07904 352133
Bridgetown	Ian Fradgley	01789 266369
Guildhall	Jenny Fradgley	01789 266369
Clopton	Phil How	07723 364032
Hathaway	Gill Cleeve	01789 333999
Shottery	David Curtis	07796 690120
Tiddington	Kate Rolfe (Mayor)	01789 550624
Welcombe	Kevin Taylor	07876 033885

HELLO! If you are self-isolating, I can help.

My name is

I live locally at

My phone number is

If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping Posting mail
 A friendly phone call Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep. [#ViralKindness](#)

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These slips are to cut out and use to connect with your neighbours who may be alone or self-isolating. If you use one please can you let one of the ward councillors know so that we can build up a database and knowledge of where we have volunteer support.

Additional support



www.stratfordsupport.org.uk



[stratford upon avon town support](#)



www.stratford-tc.gov.uk



www.stratfordtowntrust.co.uk